

POWER OF ONE

FIVE YEARS AGO - In March 2000, 2 student groups from LaSalle HS and the old NFHS came together to form the **Power of One** to help with safe merger into the new NFHS.

A quick glance at the achievements listed in our **TIMELINE** below will give some idea of where the journey has taken us since then.

TODAY we are continuing our mission of assessing the needs of our school-community and responding with creative solutions.

OUR MISSION

LEADERSHIP

CREATIVE SOLUTIONS

DESIRE FOR LEARNING

EXCELLENCE IN PERFORMANCE

FRIENDSHIP, PEACE + UNITY

2000 2001 2002 2003 2004 2005



March 2003 - Legislative networking in Albany



May 2004 - Teambuilding retreat at Peek'n Peak



April 2005 - Team training session.

HERE'S A TIMELINE OF P1 HISTORY.

February - June 2000 - Town Meetings with students at LaSalle & old NFHS to gather concerns about merger.

September 2000 - New NFHS has safe and peaceful opening. PO1 is recognized as a contributor to this success.

March 2001 - Power of One trains state leaders @ the Extended School Day / School Violence Prevention Coordinators meeting in Albany, NY. Session received rave reviews.

September 6, 2001 - Project Get Ready - the first version of what would become the **Summer Academy** program. PO1 members mentor incoming 9th graders.

April 2002 - Road trip to East Hartford, Conn., Student Assistance Center for guidance, ideas and networking on developing a NFHS Student Center.

Summer 2002 - Summer Academy, version 2 is a much improved training for incoming 9th graders.

March 2003 - Networking with NYS Legislators (photo above left) in Albany helps to restore \$30,000,000 in eliminated funding for Extended School Day & School Violence Prevention Programs.

March 2003 - Power of One presents interactive workshop "Student Leadership Teams Improving Schools" at the School Safety Summit Conference in Albany.

March 2003 - Student Center launch and first-step start-up of Peer Mediation sessions.

Summer 2003, 2004 - Summer Academy mentoring program continues.

Fall 2004 - Spring 2005

- Ongoing PO1 leadership and skill-building training sessions.
- Training Retreats in Fall & Spring.
- Drug Prevention awareness on "A.M. Live" announcements.
- Peer mediation ongoing & new mediators trained.
- Full-time counselor in Student Center.
- Anger management & decision-making groups held through year.
- Bullying Program designed / introduced to 9th grade.
- Suicide Awareness Program delivered to 9th graders & 11th grade health classes.
- Community tutoring continues @ two city sites.

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