



Power of One is the **Niagara Falls High School** adventure learning training program in Leadership, Teamwork, Project Development & Community Service.

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who and what we are

We came together in January 2000 to help in the safe merger between LaSalle the old Niagara Falls High Schools. Due to our early success and a district desire to continue our activities, we refocused ourselves to be a program for leadership development and team building.

vision & mission

We model commitment to creative solutions, desire for learning, excellence in performance, and the community values of friendship, peace and unity. We offer this **VISION** to everyone.

We provide training & opportunities for participation in **4 core areas**:

- 1 LEADERSHIP**
- 2 TEAMWORK**
- 3 PROJECT DEVELOPMENT**
- 4 COMMUNITY SERVICE**

This is our **MISSION** and we offer it to all interested students, staff, parents and community members. Our efforts are in alignment with the vision, mission, goals and strategies of Niagara Falls High School, New York State Department of Education, and the NYS Center for School Safety @ www.mhrcc.org/scss.

customer service

All members of our school-community are potential "customers" that may benefit from our training and our work. We strive to identify and address their primary needs with proven tools for learning and growth. We see all students as future leaders and we work to prepare our members as Power of One trainers.

our growing team

Our growing team includes these students: Nasreen Akhtar, Carl Binger, Desmond Crayton, Ashley Crumpler, Michael Murphy, Rashanda Parmer, Rachel Rafferty, Elizabeth Roberts, Ramone Rose, Breanna Stumpf, Jessica Sullivan, and Kevin Weingartner.

To apply to join the team... visit our website.

Power of One is supported by a grant from the NYS Education Dept. & the NYS Center for School Safety

Team members solve an adventure learning challenge called *helium stick* during a full day retreat on September 11, 2000



adventure learning

Our toolbox for success trains our members in the four core areas through the use of **adventure learning challenges**.

We realize that direct experience is always the best teacher. Between-session **field assignments** and **action projects** help test our learning and discoveries.

We seek to make a measurable difference for individuals, teams and our community.

in the news

Power of One has been covered in the local and regional news several times. For more information on this and other things, visit our website @ www.nfhs.net

our action projects

Success and leadership is measured in actions, not just words. These are some of our current and future action projects.

Project # 1 - Pre-merger focus groups/ town meetings, collecting and publishing information.

Project # 2 - New Member Recruitment & Training in Fall/Winter 2000-2001
info @ www.nfhs.net

Project # 3 - Round 2 focus groups in November 2000.

Project # 4 - Power of One on line Magazine, coming December, 2000

Project # 5 - Field training in Albany, NY March, 2001

*"I hear and I forget... I see and I remember...
I do and I understand."*
ancient chinese

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